

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	298	Raus	Milo	Zichem	M1	JUN	A-Team	00:16:49	17.84	03:21
2	345	Vanlommel	Guy	Aarschot	M2	MAS+35	Jerry's Fine Foods	00:17:08	17.51	03:25
3	332	Van Doren	Nick	Aarschot	M3	SEN		00:17:13	17.42	03:26
4	303	Van der Sande	Giel	Ramsel	M4	SEN	De Dorpspomp	00:17:52	16.79	03:34
5	307	Rymenants	Jarne	Begijnendijk	M5	CAD	ROBA	00:18:05	16.59	03:37
6	299	Wouters	Robin	Ramsel	M6	MAS+35		00:18:28	16.25	03:41
7	322	Maes	Peter	Aarschot	M7	MAS+45	Irish Pub Dubh-Linn	00:18:42	16.04	03:44
8	315	De Cock	Nico	Baal	M8	MAS+45	Sportiva Gelrode	00:19:02	15.76	03:48
9	293	Dewil	Bart	Diest	M9	MAS+50	ROBA	00:19:42	15.23	03:56
10	344	Demarsin	Toon	Rotselaar	M10	JUN	ROBA	00:19:45	15.19	03:57
11	336	Coomans	Seb	Baal	M11	CAD		00:20:22	14.73	04:04
12	305	Peeters	Karen	Schriek	V1	MAS+55	Bonheiden	00:20:33	14.6	04:06
13	286	Op de Beeck	Werner	Ramsel	M12	MAS+45	Sportiva Gelrode	00:20:45	14.46	04:09
14	311	De Winter	Murielle	Heist o/d Berg	V2	MAS+50	Berglopers	00:20:54	14.35	04:10
15	312	Smets	Jean	Heist o/d Berg	M13	MAS+50	Berglopers	00:21:30	13.95	04:18
16	321	Raeymaekers	Chantal	Holsbeek	V3	MAS+55	Kapsalon Luc	00:22:45	13.19	04:33
17	337	Claes	Karen	Wezemaal	V4	MAS+35		00:23:26	12.8	04:41
18	334	Ruelens	Peter	Geel	M14	MAS+60	JMT	00:23:38	12.69	04:43
19	333	Das	Jo	Nieuwrode	M15	MAS+45	ROBA	00:23:39	12.68	04:43
20	327	Goyvaerts	Nico	Ramsel	M16	MAS+55		00:23:46	12.62	04:45
21	314	Verheyden	Gunther	Bekkevoort	M17	MAS+45		00:23:49	12.6	04:45
22	341	Willems	Thomas	Wilsele	M18	SEN		00:24:03	12.47	04:48
23	342	Peeters	Celien	Rillaar	V5	SEN		00:24:05	12.46	04:49
24	329	Janssens	Sam	Messelbroek	M19	SEN		00:24:07	12.44	04:49
25	285	Miseur	Manfred	Aarschot	M20	MAS+60	Sportiva Gelrode	00:24:26	12.28	04:53
26	295	Michiels	Wim	Tielt-Winge	M21	MAS+60		00:24:38	12.18	04:55
27	335	Luyten	Karen	Langdorp	V6	SEN		00:24:49	12.09	04:57
28	300	Coremans	Cyriel	Aarschot	M22	MAS+75	ROBA	00:24:51	12.07	04:58
29	291	Discart	Patrick	Aarschot	M23	MAS+60		00:24:56	12.03	04:59
30	304	Croonen	Eddy	Ramsel	M24	MAS+55	Kapsalon Luc	00:25:21	11.83	05:04
31	323	Op de Beeck	Stijn	Ramsel	M25	MAS+45	Berglopers	00:25:46	11.64	05:09
32	297	De Wachter	Carine	Keerbergen	V7	MAS+60	Geshaalopers	00:25:58	11.55	05:11
33	331	Sijmus	Willy	Keerbergen	M26	MAS+70		00:26:12	11.45	05:14
34	296	Michiels	Jeroen	Rillaar	M27	MAS+35	TW3000	00:26:49	11.19	05:21
35	289	Helsen	Liene	Rillaar	V8	MIN		00:27:14	11.02	05:26
36	290	Helsen	Michel	Rillaar	M28	MAS+40		00:27:15	11.01	05:27
37	319	Kiesekoms	Yves	Rillaar	M29	MAS+50		00:27:54	10.75	05:34
38	346	Guldolf	Dries	Aarschot	M30	SEN	Sportiva Gelrode	00:28:06	10.68	05:37
39	340	Sannen	Nico	Tessenderlo	M31	MAS+50		00:28:14	10.63	05:38
40	288	Vounckx	Dirk	Gelrode	M32	MAS+60	Sportiva Gelrode	00:28:19	10.59	05:39
41	292	Scheers	Guido	Tremelo	M33	MAS+65	ROBA Recreanten	00:29:14	10.26	05:50
42	301	Potemans	Roger	Gelrode	M34	MAS+65	Sportiva Gelrode	00:29:27	10.19	05:53
43	338	Verheyen	Lieselotte	Messelbroek	V9	MAS+35		00:29:46	10.08	05:57
44	302	Van Lier	Stefan	Tremelo	M35	MAS+65		00:29:47	10.07	05:57
45	330	Vangaver	Ellen	Messelbroek	V10	SEN		00:29:52	10.04	05:58
46	294	Eijckmans	Eric	Laakdal	M36	MAS+60		00:30:01	9.99	06:00
47	343	Mattheus	Glenn	Booischoot	M37	MAS+35	Berglopers	00:30:03	9.98	06:00
48	325	Goovaerts	Stella	Ramsel	V11	MAS+45	Berglopers	00:30:15	9.92	06:03
49	324	Op de Beeck	Amber	Ramsel	V12	SEN	Berglopers	00:30:16	9.91	06:03
50	306	Van Orshaegen	Nicole	Olen	V13	MAS+60	Berglopers	00:30:22	9.88	06:04

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51	320	Roelants	Myriam	Wezemaal	V14	MAS+65		00:30:35	9.81	06:07
52	308	Gielis	Lexy	Westerlo	M38	MAS+80	Berglopers	00:31:09	9.63	06:13
53	309	Wuyts	Anouska	Tessengerlo	V15	MAS+40	Berglopers	00:31:10	9.63	06:14
54	328	Moestermans	Hanne	Rillaar	V16	SEN		00:31:16	9.59	06:15
55	318	Weckx	Daavid	Rillaar	M39	MAS+35		00:31:32	9.51	06:18
56	316	Coenen	Hannelore	Herent	V17	MAS+35		00:31:35	9.5	06:19
57	317	Lemmens	Dieter	Scherpenheuvel	M40	MAS+35		00:31:37	9.49	06:19
58	339	Lefever	Koen	Wezemaal	M41	MAS+45		00:31:46	9.44	06:21
59	310	Gielis	Ellen	Westerlo	V18	MAS+40	Berglopers	00:32:04	9.36	06:24
60	313	Op de Beeck	Suzy	Tremelo	V19	MAS+50	Berglopers	00:32:56	9.11	06:35
61	284	Derdeyn	Krista	Aarschot	V20	MAS+65	Sportiva Gelrode	00:33:23	8.99	06:40
62	287	Van den Broeck	Sacha	Langdorp	V21	MAS+50	Sportiva Gelrode	00:33:24	8.98	06:40