

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	472	Helsen	Michel	Rillaar	M1	MAS+40	#sqmrunningteam	00:17:39	17.68	03:23
2	444	Mans	Steve	Testelt	M2	MAS+40		00:19:07	16.32	03:40
3	470	Cumps	Stan	Ramsel	M3	SEN		00:19:32	15.97	03:45
4	468	Cools	Benno	Averbode	M4	CAD	ROBA Diest	00:19:59	15.61	03:50
5	438	Everaerts	Ward	Rillaar	M5	CAD	ROBA Diest	00:20:38	15.12	03:58
6	479	Tops	Gerwin	Westerlo	M6	MAS+40		00:21:44	14.36	04:10
7	493	Coenen	Emily	Nieuwrode	V1	MAS+40	ROBA	00:21:56	14.22	04:13
8	480	De Pelsmaeker	Jelle	Kortrijk-Dutsel	M7	MAS+40		00:22:01	14.17	04:14
9	471	Helsen	Liene	Rillaar	V2	CAD		00:22:04	14.14	04:14
10	491	Hendrickx	Wannes	Retie	M8	MAS+45		00:22:12	14.05	04:16
11	466	Windelinckx	Charon	Wezemaal	V3	SEN	ROBA	00:22:16	14.01	04:16
12	462	Van De Kerkhove	Peter	Tielt-Winge	M9	MAS+60	ROBA	00:22:17	14	04:17
13	467	Strouven	Rudi	Rotselaar	M10	MAS+60	ROBA	00:22:34	13.83	04:20
14	469	Cools	Axel	Averbode	M11	MIN	ROBA Diest	00:23:12	13.45	04:27
15	440	Imbrechts	Alec	Molenbeek-Wersbeek	M12	JUN		00:23:31	13.27	04:31
16	465	Segers	Filip	Tildonk	M13	MAS+50	Hanewijkjoggers	00:23:53	13.06	04:35
17	482	Van Eylen	Davy	Gelrode	M14	SEN		00:24:05	12.96	04:37
18	441	Jansens	Cisse	Kerkom	M15	CAD		00:24:22	12.8	04:41
19	478	Everaerts	Daan	Rillaar	M16	SCH	ROBA Diest	00:24:23	12.8	04:41
20	492	De Winter-Pieters	Tom	Lubbeek	M17	MAS+40	La Foulee de la...	00:24:26	12.77	04:41
21	455	Verheyden	Jonas	Holsbeek	M18	MAS+35		00:25:05	12.44	04:49
22	463	Declerck	Katie	Tielt-Winge	V4	MAS+50	ROBA	00:25:48	12.09	04:57
23	475	Vertessen	Laura	Testelt	V5	SEN		00:26:08	11.94	05:01
24	476	Laeremans	Jimmy	Testelt	M19	MAS+35		00:26:10	11.92	05:01
25	499	Laureys	Matias	Bruxelles	M20	SEN		00:26:11	11.92	05:02
26	461	Huygens	Sanne	Kessel-Lo	V6	MAS+35	Leys is More	00:26:23	11.83	05:04
27	460	Leys	Birger	Kessel-Lo	M21	MAS+35	Leys is More	00:26:25	11.81	05:04
28	477	Rems	Geert	Tielt-Winge	M22	MAS+55		00:26:56	11.58	05:10
29	489	Trouillez	Katja	Lubbeek	V7	MAS+40	La Foulee de la...	00:27:05	11.52	05:12
30	483	De Pelsmaeker	Paulien	Kortrijk-Dutsel	V8	MIN	ROBA	00:27:13	11.46	05:14
31	474	Corbeels	Icrina	Zichem	V9	MAS+40		00:27:14	11.46	05:14
32	494	Herremans	Ruiz	Holsbeek	M23	KAN	ROBA	00:27:36	11.3	05:18
33	495	Herremans	Kenny	Holsbeek	M24	MAS+35		00:27:37	11.3	05:18
34	454	Vandenbergh	Lars	Nieuwrode	M25	MAS+40		00:27:51	11.2	05:21
35	437	Eulaerts	Eleanor	Tremelo	V10	MIN	ROBA	00:28:05	11.11	05:24
36	436	Eulaerts	Colin	Tremelo	M26	SCH		00:28:06	11.1	05:24
37	473	Van Rompaey	Andre	Betekom	M27	MAS+70	Kapsalon Luc	00:28:24	10.99	05:27
38	498	Ceyssens	Viktor	Tielt-Winge	M28	SEN		00:29:28	10.59	05:40
39	457	Vandyck	Noah	Geetbets	M29	MIN		00:30:07	10.36	05:47
40	445	Maus	Jan	Ramsel	M30	MAS+65	ROBA	00:30:39	10.18	05:53
41	448	Snyers	Phillipine	Elsene	V11	SEN	FURIBARDS	00:30:51	10.11	05:55
42	487	Lippens	Wout	Holsbeek	M31	SEN	Chiro KD	00:31:10	10.01	05:59
43	447	Putseys	Charlotte	Rotselaar	V12	CAD		00:31:33	9.89	06:04
44	488	Huybens-Aliveioglas	Tim	Dilsen-Stokkem	M32	SEN		00:32:06	9.72	06:10
45	490	Huybens	Jolien	Dilsen-Stokkem	V13	SEN		00:32:08	9.71	06:10
46	496	Geuens	Lise	Herent	V14	SEN		00:32:12	9.69	06:11
47	451	Van Loo	Liselotte	Holsbeek	V15	SEN		00:32:14	9.68	06:11
48	459	Enes	Bakc	Geetbets	M33	MAS+50		00:32:17	9.66	06:12
49	464	Van Baelen	Bram	Holsbeek	M34	SEN		00:32:27	9.61	06:14
50	449	Thuys	Cyriel	Holsbeek	M35	MIN		00:32:48	9.51	06:18

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51	435	Costermans	Veerle	Holsbeek	V16	MAS+40		00:33:46	9.24	06:29
52	446	Pierlet	Lien	Sint-Pieters-Rode	V17	MAS+40		00:34:03	9.16	06:32
53	500	Apers	Jochem	Holsbeek	M36	SEN		00:34:16	9.11	06:35
54	432	Dusart	Jolien	Houwaart	V18	SEN	ROBA	00:34:17	9.1	06:35
55	450	Van Lier	Stefan	Tremelo	M37	MAS+65		00:35:19	8.83	06:47
56	481	De Pelsmaecker	Quinten	Kortrijk-Dutse	M38	PUP	ROBA	00:36:04	8.65	06:56
57	458	Van Calster	Ella	Geetbets	V19	SCH		00:36:10	8.63	06:57
58	484	Vaekenaers	Griet	Kortrijk-Dutse	V20	MAS+40		00:36:23	8.58	06:59
59	1	Laureys	Clara	Elsene	M39	SEN	PATA ASBL	00:36:47	8.48	07:04
60	433	Chorus	Barbara	Holsbeek	V21	MAS+50		00:37:12	8.39	07:09
61	453	Van Steenwinckel	David	Holsbeek	M40	MAS+50		00:37:15	8.38	07:09
62	485	Roelants	Myriam	Wezemaal	V22	MAS+65		00:38:32	8.1	07:24
63	497	Cockx	Giel	Sint-Joris-Winge	M41	SEN		00:40:50	7.64	07:51
64	486	Michiels	Chris	Rotselaar	M42	MAS+70		00:45:52	6.8	08:49
65	443	Mampuys	Lotte	Nieuwrode	V23	PUP		00:54:28	5.73	10:28
66	434	Costermans	Els	Nieuwrode	V24	MAS+45		00:54:29	5.73	10:28