

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	391	Wuyts	Lode	Werchter	M1	SEN	ROBA	00:15:08	19.82	03:01
2	363	Helsen	Michel	Rillaar	M2	MAS+40		00:15:52	18.91	03:10
3	327	Van De Gaer	Wesley	Tessenderlo-Ham	M3	MAS+45	SQM Running Team	00:16:00	18.75	03:12
4	360	Desmedt	Ferre	Lille	M4	SEN		00:16:24	18.29	03:16
5	388	Van Doren	Nick	Aarschot	M5	SEN	De Poempers	00:16:50	17.82	03:22
6	364	Cumps	Stan	Ramsel	M6	SEN		00:17:06	17.54	03:25
7	365	Speltinckx	Kristof	Zichem	M7	MAS+50	ROBA - Resistance...	00:17:22	17.27	03:28
8	385	Janssens	Siebe	Rillaar	M8	MAS+35	AATT	00:17:41	16.97	03:32
9	358	Maes	Melchior	Langdorp	M9	JUN	KV Mechelen	00:18:02	16.64	03:36
10	357	Maes	Astor	Aarschot	M10	PUP	KV Mechelen	00:18:10	16.51	03:38
11	297	Beyens	Marijn	Betekom	M11	SCH	ROBA	00:18:40	16.07	03:44
12	337	Vanwinkel	Jens	Betekom	M12	SEN	ROBA	00:18:55	15.86	03:47
13	379	Serneels	Lars	Ramsel	M13	SEN		00:18:57	15.83	03:47
14	314	Maes	Peter	Aarschot	M14	MAS+45	KV Mechelen	00:19:16	15.57	03:51
15	382	Laeremans	Tybe	Herselt	M15	SCH	WVR Energietechnie...	00:19:30	15.38	03:54
16	392	Wuyts	Wim	Werchter	M16	MAS+55	ROBA	00:19:37	15.29	03:55
17	362	Verbist	Wouter	Begijnendijk	M17	MAS+50	ROBA	00:19:41	15.24	03:56
18	374	Van Bael	Danny	Messelbroek	M18	MAS+55	ROBA	00:19:43	15.22	03:56
19	366	Lemmens	Tuur	Nijlen	M19	SEN		00:20:12	14.85	04:02
20	386	Lagrou	Lore	Rillaar	V1	SEN		00:20:20	14.75	04:04
21	354	Van Ouytsel	Janne	Langdorp	V2	SEN		00:20:22	14.73	04:04
22	323	Tops	Gerwin	Westerlo	M20	MAS+40		00:20:36	14.56	04:07
23	347	De Winter	Murielle	Heist o/d Berg	V3	MAS+50	Berglopers	00:20:38	14.54	04:07
24	348	Smets	Jean Marc	Heist o/d Berg	M21	MAS+55	Berglopers	00:20:44	14.47	04:08
25	356	Maes	Wolf	Langdorp	M22	SCH	KV Mechelen	00:21:12	14.15	04:14
26	352	Van de Plas	Inne	Tielt-Winge	V4	SEN		00:21:28	13.98	04:17
27	370	Van Rillaer	Katrien	Betekom	V5	MAS+50	ROBA	00:21:56	13.68	04:23
28	373	Verherstraeten	Nick	Testelt	M23	MAS+40	De Dorpspomp	00:21:57	13.67	04:23
29	378	Joos	Gerd	Langdorp	M24	MAS+45	DRT	00:21:59	13.65	04:23
30	380	Corthout	Tom	Begijnendijk	M25	MAS+50	ROBA	00:22:48	13.16	04:33
31	389	Puttemans	Kris	Gelrode	M26	SEN	De Poempers	00:23:07	12.98	04:37
32	408	Van Der Auwera	Kim	Aarschot	V6	MAS+35		00:23:22	12.84	04:40
33	355	Coene	Charlotte	Rotselaar	V7	SEN	ROBA	00:23:26	12.8	04:41
34	359	Stas	Nelle	Langdorp	V8	SEN		00:23:27	12.79	04:41
35	407	Lebrun	Anouk	Rotselaar	V9	SEN		00:23:29	12.78	04:41
36	345	Weygant	Jack	Nederokkerzeel	M27	PUP		00:23:31	12.76	04:42
37	411	Teugels	Ben	Aarschot	M28	SEN		00:23:35	12.72	04:43
38	395	Celen	Coleta	Herselt	V10	MAS+35		00:24:07	12.44	04:49
39	415	Vekemans	Ellen	Booischoot	V11	MAS+45	AVZK	00:24:16	12.36	04:51
40	409	Sijmus	Willy	Keerbergen	M29	MAS+70		00:24:29	12.25	04:53
41	410	Vandeputte	Ponny	Herselt	M30	MAS+35	Ultra Fast Runners	00:24:35	12.2	04:55
42	311	Kippers Van Mee...	Tore	Houwaart	M31	MIN		00:24:37	12.19	04:55
43	307	Jacobs	Kristof	Gelrode	M32	MAS+40		00:24:38	12.18	04:55
44	340	Verbist	Davy	Betekom	M33	MAS+40		00:24:40	12.16	04:56
45	412	Renodeyn Rivas...	Léon	Aarschot	M34	PUP		00:24:51	12.07	04:58
46	338	Ver Eecke	Franky	Tielt-Winge	M35	MAS+65		00:24:52	12.06	04:58
47	417	Sannen	Nico	Tessenderlo	M36	MAS+50		00:24:54	12.05	04:58
48	396	Serré	Geert	Rillaar	M37	MAS+40	Liesbet	00:25:27	11.79	05:05
49	305	Guldolf	Dries	Aarschot	M38	MAS+35	Sportiva Gelrode	00:25:32	11.75	05:06
50	350	Van Rompaey	Andre	Betekom	M39	MAS+70	Kapsalon Luc	00:25:35	11.73	05:07

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51	384	Laeremans	Bert	Herselt	M40	MAS+45		00:25:38	11.7	05:07
52	383	Laeremans	Yarne	Herselt	M41	MIN		00:25:54	11.58	05:10
53	343	Vertommen	Elke	Kortenaken	V12	MAS+45	Coyote sports team	00:25:55	11.58	05:11
54	377	Cumps	Sofie	Langdorp	V13	MAS+40	DRT	00:25:56	11.57	05:11
55	401	Willems	Marc	Baal	M42	MAS+55	Bowling Tremelo	00:26:15	11.43	05:15
56	312	Kippers Van Mee...	Yuki	Houwaart	V14	CAD		00:26:24	11.36	05:16
57	302	Franssen	Bart	Langdorp	M43	MAS+50		00:26:33	11.3	05:18
58	402	Kiesekoms	Yves	Rillaar	M44	MAS+50		00:26:35	11.29	05:19
59	399	Van Gompel	Daan	Langdorp	M45	PUP		00:26:59	11.12	05:23
60	367	Lepage	Eva	Langdorp	V15	SEN		00:27:02	11.1	05:24
61	351	Salomez	Lily	Wolfsdonk	V16	MIN	Salomeisjes	00:27:07	11.06	05:25
62	403	Vounckx	Korneel	Aarschot	M46	PUP		00:27:44	10.82	05:32
63	376	Op de Beeck	Lotte	Ramsel	V17	SEN		00:27:45	10.81	05:33
64	375	Op de Beeck	Stijn	Ramsel	M47	MAS+45	Berglopers	00:27:47	10.8	05:33
65	341	Verdonck	Steph	Langdorp	M48	SEN		00:27:48	10.79	05:33
66	316	Neefs	Sigrid	Bekkevoort	V18	MAS+40		00:27:50	10.78	05:34
67	319	Raeymaekers	Pixie	Langdorp	V19	BEN		00:27:54	10.75	05:34
68	318	Raeymaekers	Bart	Langdorp	M49	MAS+40		00:27:55	10.75	05:35
69	334	Van Meensel	Bart	Tielt-Winge	M50	MAS+50		00:27:58	10.73	05:35
70	406	Sousa	Jonas	Aarschot	M51	SEN		00:28:01	10.71	05:36
71	331	Van Geit	Sarah	Aarschot	V20	MAS+40	Sportiva Gelrode	00:28:03	10.7	05:36
72	372	Verboven	Tinne	Houwaart	V21	MAS+45	Sportiva Gelrode	00:28:06	10.68	05:37
73	330	Van der Roost	Paulien	Schriek	V22	BEN		00:28:21	10.58	05:40
74	322	Sillen	To	Aarschot	V23	SEN	Fun2Run	00:28:30	10.53	05:42
75	421	Klerkx	Hanna	Aarschot	V24	SEN		00:28:31	10.52	05:42
76	387	Cumps	Chris	Aarschot	M52	MAS+70	Dorpspomp	00:28:54	10.38	05:46
77	397	Serré	Oscar	Rillaar	M53	MIN	Liesbet	00:29:07	10.3	05:49
78	390	Vastesaeger	Danoran	Rotem	M54	MIN		00:29:24	10.2	05:52
79	309	Jenard	Lore	Rillaar	V25	MIN		00:29:26	10.19	05:53
80	329	Van der Roost	Mil	Schriek	M55	KAN		00:29:40	10.11	05:56
81	414	Uyttebroeck	Bieke	Aarschot	V26	MAS+40	Sportiva Gelrode	00:29:47	10.07	05:57
82	332	Van Lier	Caroline	Schriek	V27	MAS+35		00:29:58	10.01	05:59
83	369	Serneels	Jessie	Zichem	V28	MAS+45		00:30:04	9.98	06:00
84	368	Willekens	Luna	Zichem	V29	SEN		00:30:09	9.95	06:01
85	295	Barbe	Barbara	Nieuwrode	V30	MAS+40		00:30:11	9.94	06:02
86	418	Reynders	Natacha	Meldert	V31	MAS+35		00:30:20	9.89	06:04
87	393	Tuerlinckx	Thomas	Schoonderbuken	M56	CAD	Transplantaux	00:30:41	9.78	06:08
88	333	Van Lier	Stefan	Tremelo	M57	MAS+65		00:30:50	9.73	06:10
89	405	Almeida	Jhonathan	Aarschot	M58	SEN		00:31:30	9.52	06:18
90	324	Tuerlinckx	Jean-Luc	Scherpenheuvel	M59	MAS+65	Kapsalon Luc	00:31:33	9.51	06:18
91	328	Van de Velde	Anneleen	Aarschot	V32	MAS+35		00:31:50	9.42	06:22
92	361	Neven	Nele	Aarschot	V33	MAS+35		00:31:51	9.42	06:22
93	413	Leysens	Karolien	Langdorp	V34	MAS+45		00:32:14	9.31	06:26
94	299	Crets	Yasmine	Hulshout	V35	SEN		00:32:22	9.27	06:28
95	339	Verbist	Bart	Scherpenheuvel	M60	MAS+40		00:32:23	9.26	06:28
96	342	Verdonck	Yentl	Begijnendijk	V36	SEN		00:32:46	9.16	06:33
97	404	Jacobs	Joke	Aarschot	V37	MAS+35		00:33:02	9.08	06:36
98	353	Bruynseels	Christel	Westmeerbeek	V38	MAS+60		00:33:08	9.05	06:37
99	320	Scheers	Guido	Tremelo	M61	MAS+65	ROBA Runners	00:33:11	9.04	06:38
100	400	Van Dijck	Birthe	Houtvenne	V39	SEN		00:33:53	8.85	06:46

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101	321	Seykens	Ines	Tessenderlo-Ham	V40	SEN		00:33:57	8.84	06:47
102	298	Bryse	Natalie	Aarschot	V41	MAS+50		00:34:13	8.77	06:50
103	313	Lambrechts	Filip	Diest	M62	MAS+50		00:34:16	8.75	06:51
104	346	Willems	Kato	Nieuwrode	V42	SEN		00:34:19	8.74	06:51
105	310	Jonckheere	Demi		V43	SEN		00:34:19	8.74	06:51
106	419	Verdonck	Sabine	Langdorp	V44	MAS+50		00:34:33	8.68	06:54
107	420	Wittockx	Lara	Aarschot	V45	SEN		00:34:35	8.67	06:55
108	394	Roelants	Myriam	Wezemaal	V46	MAS+65		00:35:02	8.56	07:00
109	349	Alaerts	Annelies	Langdorp	V47	MAS+35		00:35:18	8.5	07:03
110	325	Van Aelst	Karolien	Langdorp	V48	MAS+35		00:35:19	8.49	07:03
111	398	Serré	Leonie	Rillaar	V49	PUP	Liesbet	00:35:43	8.4	07:08
112	416	Wolfs	Enya	Begijnendijk	V50	SEN		00:35:49	8.38	07:09
113	304	Goethuysen	Zenza	Aarschot	V51	SEN		00:35:50	8.37	07:10
114	301	Dierens	Lotte	Houtvenne	V52	SEN		00:35:51	8.37	07:10
115	371	Verdonck	Antje	Langdorp	V53	SEN		00:36:49	8.15	07:21
116	381	Vranken	Aline	Rillaar	V54	SEN		00:38:25	7.81	07:41
117	344	Vos	Elise	Langdorp	V55	MAS+35		00:39:03	7.68	07:48
118	308	Jenard	Kim	Rillaar	V56	MAS+35		00:40:03	7.49	08:00
119	296	Belloy	Hanne	Heist o/d Berg	V57	MAS+40		00:41:00	7.32	08:12
120	335	Van Rompaey	Marieke	Heist o/d Berg	V58	CAD		00:41:03	7.31	08:12
121	303	Gielis	Ellen	Westerlo	V59	MAS+45	Berglopers	00:41:05	7.3	08:13
122	317	Pelgrims	Nele	Aarschot	V60	MAS+40		00:43:34	6.89	08:42