

Rang	Nr	Achternaam	Voornaam	Woonplaats	M/V	Categorie	Club	Tijd	km/u	min/km
1	565	De Maeseneer	Quince	Hulshout	M1	SCH	AC Hulshout	00:25:47	17.5	03:25
2	526	Mans	Steve	Testelt	M2	MAS+40	SQM Running Team	00:26:05	17.3	03:28
3	527	Van der Sande	Greg	Ramsel	M3	MAS+35	De Dorpspomp	00:26:20	17.13	03:30
4	554	De Kerpel	Kevin	Heist-Goor	M4	MAS+35		00:26:27	17.06	03:31
5	934	De Rooy	Andy	Grobbendonk	M5	MAS+50	Coyote sports team	00:26:42	16.9	03:33
6	946	Laporte	Sten	Heist o/d Berg	M6	MAS+35	AVZK	00:26:49	16.83	03:33
7	530	Van De Put	Thomas	Hallaar	M7	MAS+35	AVZK	00:27:23	16.48	03:38
8	521	Van Ouytsel	Jan	Westerlo	M8	MAS+35		00:27:28	16.43	03:39
9	552	De Roy	Jelle	Itegem	M9	SEN	AC Hulshout	00:28:11	16.01	03:44
10	553	Van Eepoel	Jenne	Hulshout	M10	SEN	AC Hulshout	00:28:19	15.93	03:45
11	937	Viskens	Jesse	Booischoot	M11	SEN		00:28:23	15.9	03:46
12	547	Maes	Peter	Aarschoot	M12	MAS+45	Irish Pub Dubh-Linn	00:28:28	15.85	03:47
13	943	Wouters	Chriske	Diest	M13	MAS+50	SQM Running Team	00:28:43	15.71	03:49
14	933	Vissers	Sven	Eindhout	M14	SEN	Looise AV	00:28:58	15.58	03:51
15	563	Van Tulder	Koen	Langdorp	M15	MAS+50	Knoet	00:29:13	15.44	03:53
16	945	Vermeulen	Lauren	Booischoot	V1	SEN	AVLL	00:29:18	15.4	03:53
17	536	Van Der Hoeven	Guy	Schriek	M16	MAS+45		00:29:43	15.18	03:57
18	514	Huybrechts	Els	Hever	V2	MAS+35	Icarus	00:29:49	15.13	03:57
19	531	Pauwels	Tom	Heist o/d Berg	M17	MAS+45	AC Hulshout	00:30:40	14.71	04:04
20	519	Van Aelst	Dirk	Heist o/d Berg	M18	MAS+60	AVZK	00:30:49	14.64	04:05
21	566	Van Dessel	Hendrik	Itegem	M19	SEN	SK Diamant	00:30:52	14.62	04:06
22	535	Vanderhoeft	Bert	Booischoot	M20	MAS+45		00:30:59	14.56	04:07
23	529	Daniels	Uschi	Hallaar	V3	MAS+35	AVZK	00:31:13	14.45	04:09
24	555	Goedhuys	Toon	Langdorp	M21	CAD		00:31:16	14.43	04:09
25	948	Verbist	Jelle	Booischoot	M22	MAS+35		00:31:25	14.36	04:10
26	574	Huysmans	Kevin	Westerlo	M23	SEN		00:31:36	14.28	04:12
27	534	Van Cutsem	Matteo	Booischoot	M24	SEN		00:31:56	14.13	04:14
28	540	Hus	Jeroen	Boortmeerbeek	M25	SEN	VMOL	00:32:05	14.06	04:15
29	564	Korthout	Nils	Tessengerlo	M26	SEN		00:32:08	14.04	04:16
30	569	Moris	Ben	Booischoot	M27	SEN		00:32:20	13.95	04:17
31	941	Joos	Gerd	Langdorp	M28	MAS+45	Kapsalon Luc	00:32:36	13.84	04:20
32	513	Hanssens	Arn	Begijnendijk	M29	MIN	AVZK	00:32:44	13.78	04:21
33	944	Knapen	Dennis	Beerzel	M30	MAS+45	AVZK	00:32:46	13.77	04:21
34	506	Smets	Jean Marc	Hallaar	M31	MAS+55	Berglopers	00:33:19	13.54	04:25
35	572	Saenen	Ilias	Heist o/d Berg	M32	SEN		00:33:43	13.38	04:29
36	1142	Heymans	Stefaan	Mechelen	M33	MAS+55		00:33:54	13.31	04:30
37	581	Laeremans	Tom	Herselt	M34	MAS+50		00:34:05	13.24	04:31
38	558	Wouters	Wout	Tremelo	M35	JUN	Bowlingcenter Trem...	00:34:39	13.02	04:36
39	538	Heylen	Guy	Bouwel	M36	MAS+60	kasteellopers	00:34:45	12.98	04:37
40	942	Luts	Daniël	Engsbergen	M37	MAS+65	DCLA Halen	00:34:55	12.92	04:38
41	543	Bauwens	Patrick	Hever	M38	MAS+65	Icarus	00:34:58	12.9	04:38
42	560	Raeymaekers	Ronald	Hulshout	M39	MAS+55	AC Hulshout	00:35:03	12.87	04:39
43	573	Corthout	Tom	Begijnendijk	M40	MAS+50	ROBA	00:35:18	12.78	04:41
44	509	Wyns	Jos	Heist o/d Berg	M41	MAS+70	Berglopers	00:35:29	12.72	04:43
45	950	Vanden Bosch	Rudy	Holsbeek	M42	MAS+60	Kapsalon Luc	00:35:33	12.69	04:43
46	550	Vermeulen	Eddy	Westerlo	M43	MAS+65	KWB Bergom	00:35:35	12.68	04:43
47	522	Van Tendeloo	Tanel	Heist o/d Berg	M44	CAD		00:35:57	12.55	04:46
48	549	Heymans	Filip	Duffel	M45	MAS+55	AC Duffel	00:36:00	12.53	04:47
49	525	Warzée	Sarah	Wiekevorst	V4	SEN		00:36:08	12.49	04:48
50	517	Op de beeck	Joran	Itegem	V5	SEN		00:36:14	12.45	04:49

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51	548	Weyns	Leo	Heist o/d Berg	M46	MAS+70		00:36:41	12.3	04:52
52	585	Vrolix	Gino	Booischoot	M47	MAS+50		00:37:03	12.18	04:55
53	533	Everaerts	Stefan	Bekkevoort	M48	MAS+50		00:37:23	12.07	04:58
54	578	De Vries	Marten	Booischoot	M49	SEN		00:37:26	12.05	04:58
55	537	Van der Hoeven	Hanne	Schriek	V6	SEN		00:37:35	12.01	04:59
56	520	Van den Acker	Paul	Heist o/d Berg	M50	MAS+60	AVZK	00:37:37	11.99	05:00
57	556	Vermeulen	Paul	Baal	M51	MAS+60	ROBA	00:37:45	11.95	05:01
58	579	Mannaert	Michiel	Booischoot	M52	SEN		00:37:47	11.94	05:01
59	512	De Vries	Annouck	Schriek	V7	SEN		00:37:53	11.91	05:02
60	528	Vanheyste	Anke	Kessel Lo	V8	MAS+45	3CT	00:37:58	11.88	05:02
61	503	Kusseneers	Luc	Rumst	M53	MAS+65	Berglopers	00:38:01	11.87	05:03
62	542	Devyver	Pieter	Boortmeerbeek	M54	MAS+55	Icarus	00:38:15	11.8	05:05
63	568	Van Steyvoort	Guy	Langdorp	M55	MAS+60		00:38:24	11.75	05:06
64	507	Van den Broeck	Dorien	Begijnendijk	V9	MAS+35	Berglopers	00:38:48	11.63	05:09
65	505	Schroeven	Kelly	Schriek	V10	SEN	Berglopers	00:39:00	11.57	05:11
66	949	Luyts	Emiel	Winksele	M56	MAS+65	Kapsalon Luc	00:39:14	11.5	05:13
67	516	Naets	Ivo	Itegem	M57	MAS+60		00:39:43	11.36	05:16
68	544	Coremans	Cyriel	Aarschoot	M58	MAS+75	ROBA	00:39:56	11.3	05:18
69	541	Van Roosendael	Fenna		V11	SEN		00:39:59	11.28	05:19
70	575	Van Woensel	Kurt	Koningshooikt	M59	MAS+40		00:40:06	11.25	05:19
71	539	Hus	Rudy	Mol	M60	MAS+60	Vabco Mol	00:40:43	11.08	05:24
72	559	Van Brandt	Isabelle	Herenthout	V12	MAS+45	ACHL	00:40:48	11.06	05:25
73	501	De Cock	Luc	Booischoot	M61	MAS+60	Berglopers	00:41:10	10.96	05:28
74	532	Van Dyck	Jochem	Berlaar	M62	SEN		00:41:12	10.95	05:28
75	582	Vanoppen	Dieter	Tielt-Winge	M63	SEN		00:41:37	10.84	05:32
76	940	Luyten	Kristof	Herselt	M64	MAS+35		00:41:48	10.79	05:33
77	557	Van De Leest	Harry	Langdorp	M65	MAS+65	Knoet	00:41:53	10.77	05:34
78	936	Viskens	Dirk	Booischoot	M66	MAS+55		00:42:14	10.68	05:36
79	567	Nijs	Leen	Houtvenne	V13	MAS+60	ROBA Runners	00:42:32	10.61	05:39
80	580	Peeters	Vic	Booischoot	M67	PUP		00:42:36	10.59	05:39
81	571	Verhoeven	Wim	Booischoot	M68	MAS+55		00:44:45	10.08	05:57
82	510	Bastanie	Kaya	Putte	V14	SEN		00:44:56	10.04	05:58
83	570	Bosmans	Tim	Heist o/d Berg	M69	MAS+45		00:45:41	9.88	06:04
84	523	Vervoort	Annelies	Booischoot	V15	MAS+35		00:46:00	9.81	06:07
85	1150	Rosseau	Myriam	Herentals	V16	MAS+55		00:46:20	9.74	06:09
86	545	Van Otten	Peggy	Ramsel	V17	MAS+50		00:47:19	9.54	06:17
87	551	Gijssels	Davy	Nijlen	M70	MAS+45		00:47:57	9.41	06:22
88	947	Verloy	Tine	Itegem	V18	MAS+45	Berglopers	00:48:23	9.33	06:26
89	561	Gijsemans	Michel	Heist op den Be...	M71	MAS+65	Dorpsspomp	00:48:40	9.27	06:28
90	502	Heremans	Miet	Heist o/d Berg	V19	MAS+45	Berglopers	00:48:58	9.21	06:30
91	576	Verryckt	Katleen	Heist o/d Berg	V20	MAS+35		00:49:04	9.2	06:31
92	577	Vermunicht	Anneleen	Heist o/d Berg	V21	MAS+35		00:49:06	9.19	06:31
93	546	Haepers	Jan	Herselt	M72	MAS+60		00:49:27	9.12	06:34
94	518	Op de Beeck	Eliena	Itegem	V22	CAD		00:51:10	8.82	06:48
95	562	Gelin	Greet	Kessel Lo	V23	MAS+55	Roba runners	00:51:47	8.71	06:53
96	938	Cannaerts	Ingrid	Booischoot	V24	MAS+55		00:52:06	8.66	06:55
97	583	Eyckmans	Els	Olen	V25	MAS+50		00:52:23	8.61	06:57
98	584	Breuls	Mieke	Langdorp	V26	MAS+50		00:52:24	8.61	06:58
99	939	Lemmens	Jan	Booischoot	M73	MAS+40		00:55:34	8.12	07:23
100	935	Vervloesem	Gino	Baal	M74	MAS+45		00:55:35	8.12	07:23

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101	932	Nevelsteen	Staf	Booischot	M75	MAS+70	AVZK	00:55:38	8.11	07:23