

| Rang | Borstnr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|---------|----------------|--------------|------------------|-----|-----------|------------------|-------|-------|--------|
| 1 | 235 | Lalou | Steve | Scherpenheuvel | M1 | SEN | | 19:48 | 15,87 | 03:46 |
| 2 | 248 | Lemoine | Jan | Lubbeek | M2 | MAS+40 | ROBA | 20:14 | 15,53 | 03:51 |
| 3 | 243 | Storms | Keanu | Lubbeek | M3 | SEN | | 21:32 | 14,59 | 04:06 |
| 4 | 250 | Claes | Arnaud | Linden | M4 | MAS+45 | | 21:38 | 14,53 | 04:07 |
| 5 | 244 | Van den Heuvel | Guy | Ramsel | M5 | MAS+45 | Demerdijklopers | 21:55 | 14,34 | 04:10 |
| 6 | 225 | Heselmans | Tobi | Linden | M6 | PUP | | 22:07 | 14,21 | 04:13 |
| 7 | 255 | Dufour | Kurt | Binkom | M7 | MAS+40 | | 22:34 | 13,93 | 04:18 |
| 8 | 224 | Heselmans | Tibo | Linden | M8 | PUP | | 23:47 | 13,22 | 04:32 |
| 9 | 258 | Kiesekoms | Yves | Rillaar | M9 | MAS+40 | Osseberggrunners | 24:07 | 13,03 | 04:36 |
| 10 | 212 | Simons | Dominique | Diest | M10 | MAS+50 | Demarsin | 24:41 | 12,73 | 04:42 |
| 11 | 240 | Peeters | Gustaaf | Testelt | M11 | MAS+50 | Demerdijklopers | 25:00 | 12,57 | 04:46 |
| 12 | 256 | Van Os | Danièle | Bouwel | V1 | SEN | Sportiva Gelrode | 25:07 | 12,51 | 04:47 |
| 13 | 226 | Vandevelde | Roeland | | M12 | SEN | | 25:22 | 12,39 | 04:50 |
| 14 | 221 | Van Rompaey | Andre | Betekom | M13 | MAS+60 | Knoet | 25:48 | 12,19 | 04:55 |
| 15 | 237 | Vrancken | Johan | Tielt-Winge | M14 | MAS+45 | | 26:21 | 11,93 | 05:01 |
| 16 | 223 | Schotsmans | Andre | Binkom | M15 | MAS+65 | | 26:35 | 11,82 | 05:04 |
| 17 | 233 | Van Meerbeek | Jan | Rotselaar | M16 | MAS+50 | Kapsalon Luc | 26:55 | 11,68 | 05:08 |
| 18 | 229 | De Wachter | Jo | Binkom | M17 | MAS+45 | | 27:06 | 11,60 | 05:10 |
| 19 | 230 | De Wachter | Han | Binkom | M18 | SEN | | 27:10 | 11,57 | 05:11 |
| 20 | 220 | Van De Gaer | Jan | Tielt-Winge | M19 | MAS+65 | | 27:11 | 11,56 | 05:11 |
| 21 | 239 | Van Geel | Eric | Binkom | M20 | MAS+55 | GlabbEEKse | 27:14 | 11,54 | 05:11 |
| 22 | 231 | Melotte | Jean-Jacques | Boutersem | M21 | MAS+40 | | 27:23 | 11,48 | 05:13 |
| 23 | 208 | Haine | Marie-Jose | Heusden-Zolder | V2 | MAS+45 | Demarsin | 27:41 | 11,35 | 05:17 |
| 24 | 227 | Ilsbroux | Mieke | Halen | V3 | MAS+35 | DCLA-Halen | 27:53 | 11,27 | 05:19 |
| 25 | 249 | Leys | Kenny | Hoegaarden | M22 | SEN | | 28:07 | 11,18 | 05:22 |
| 26 | 254 | Dufour | Stieg | Binkom | M23 | CAD | | 28:26 | 11,05 | 05:25 |
| 27 | 228 | Berings | Anita | Assent | V4 | MAS+55 | Demarsin | 28:36 | 10,99 | 05:27 |
| 28 | 236 | Hermans | Dirk | Lubbeek | M24 | MAS+50 | | 29:00 | 10,84 | 05:32 |
| 29 | 246 | Sniekers | Katrien | Lubbeek | V5 | MAS+35 | | 29:23 | 10,70 | 05:36 |
| 30 | 218 | Tuerlinckx | Jean-Luc | Scherpenheuvel | M25 | MAS+55 | Demarsin | 29:34 | 10,63 | 05:38 |
| 31 | 257 | Puyneers | Liam | Meensel-Kiezegem | M26 | SCH | | 29:41 | 10,59 | 05:40 |
| 32 | 247 | Vanderbeke | Erik | Linden | M27 | MAS+45 | | 30:04 | 10,45 | 05:44 |
| 33 | 219 | Dejaeger | Sarah | Binkom | V6 | SEN | | 30:08 | 10,43 | 05:45 |
| 34 | 203 | Beys | Michel | Rotselaar | M28 | MAS+60 | | 30:29 | 10,31 | 05:49 |
| 35 | 253 | Defour | Maud | Binkom | V7 | PUP | | 31:17 | 10,05 | 05:58 |
| 36 | 259 | Theys | Ann | Binkom | V8 | MAS+45 | | 31:29 | 9,98 | 06:00 |
| 37 | 252 | Roosbeek | Benny | Binkom | M29 | MAS+50 | | 31:30 | 9,98 | 06:00 |
| 38 | 251 | Trouillez | Katja | Lubbeek | V9 | SEN | | 31:37 | 9,94 | 06:02 |
| 39 | 238 | Amulius | Danny | Bekkevoort | M30 | MAS+55 | Muggenbergse J | 31:38 | 9,93 | 06:02 |
| 40 | 234 | Van Rompaey | Louis | Aarschot | M31 | MAS+60 | | 35:07 | 8,95 | 06:42 |
| 41 | 242 | Suffeleers | Maren | Binkom | V10 | PUP | | 35:44 | 8,79 | 06:49 |
| 42 | 245 | Smolders | Ruben | Lubbeek | M32 | MAS+35 | | 36:24 | 8,63 | 06:56 |
| 43 | 216 | Van Meensel | Klara | Lubbeek | V11 | SCH | | 37:57 | 8,28 | 07:14 |
| 44 | 222 | Janssens | Rik | Lubbeek | M33 | MAS+80 | Demarsin | 40:14 | 7,81 | 07:40 |