

| Rang | Borstrn | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|---------|----------------|----------|-----------------|-----|-----------|------------------|-------|-------|--------|
| 1 | 454 | Verschoren | Pieter | Schriek | M1 | SEN | VELDKLAD | 13:52 | 19,02 | 03:09 |
| 2 | 391 | Van Aelst | Dirk | Heist o/d Berg | M2 | MAS+50 | DCPP | 15:27 | 17,07 | 03:30 |
| 3 | 412 | De Raet | Jan | Schriek | M3 | MAS+50 | ROBA Vermarc | 15:35 | 16,93 | 03:32 |
| 4 | 434 | De Vries | Jeff | Houwaart | M4 | SEN | | 16:02 | 16,45 | 03:38 |
| 5 | 472 | Baker | Michael | Noorderwijk | M5 | MAS+80 | | 16:11 | 16,30 | 03:40 |
| 6 | 467 | Van den Schoor | Bart | Heist o/d Berg | M6 | MAS+45 | Berglopers | 16:19 | 16,17 | 03:42 |
| 7 | 382 | Van Loo | Alfons | Hallaar | M7 | MAS+55 | DCPP | 16:34 | 15,94 | 03:45 |
| 8 | 468 | Van den Schoor | Senne | Heist o/d Berg | M8 | SCH | AVZK | 16:50 | 15,68 | 03:49 |
| 9 | 461 | Tops | Brent | Booischot | M9 | SEN | AVZK | 16:56 | 15,58 | 03:51 |
| 10 | 411 | Struyf | Kevin | Geel | M10 | SEN | | 17:01 | 15,51 | 03:52 |
| 11 | 374 | Hoefkens | Chris | Booischot | M11 | MAS+50 | DCPP | 17:10 | 15,37 | 03:54 |
| 12 | 410 | Avonds | Vince | Westerlo | M12 | CAD | | 17:21 | 15,21 | 03:56 |
| 13 | 499 | Huysmans | Marc | Aarschot | M13 | MAS+60 | ROBA | 17:22 | 15,19 | 03:57 |
| 14 | 471 | Moons | Bart | Herentals | M14 | SEN | | 17:29 | 15,10 | 03:58 |
| 15 | 424 | Van Noten | Dirk | Booischot | M15 | MAS+50 | | 17:34 | 15,01 | 03:59 |
| 16 | 421 | Du Rachez | Patrick | Booischot | M16 | MAS+45 | | 17:36 | 14,99 | 04:00 |
| 17 | 458 | Van Rooy | Kristel | Schriek | V1 | MAS+45 | ROBA | 17:37 | 14,98 | 04:00 |
| 18 | 451 | Maes | Peter | Wolfsdonk | M17 | MAS+35 | Dubh-Linn | 17:39 | 14,95 | 04:00 |
| 19 | 482 | Derdin | Simon | Houtvenne | M18 | CAD | AVZK | 17:40 | 14,93 | 04:01 |
| 20 | 397 | Torfs | Benny | Itegem | M19 | MAS+45 | Berglopers | 17:41 | 14,92 | 04:01 |
| 21 | 394 | Peeters | Karen | Schriek | V2 | MAS+45 | DCPP | 17:45 | 14,86 | 04:02 |
| 22 | 460 | Van Campenhout | Dave | Schriek | M20 | MAS+35 | | 17:49 | 14,81 | 04:03 |
| 23 | 500 | Nauwelaers | Bart | Pijpelheide | M21 | MAS+55 | DCPP | 17:53 | 14,75 | 04:04 |
| 24 | 423 | Lambrechts | Maarten | Booischot | M22 | MAS+80 | AVZK | 18:01 | 14,65 | 04:05 |
| 25 | 443 | Leemans | Filip | Mechelen | M23 | MAS+45 | | 18:03 | 14,62 | 04:06 |
| 26 | 399 | Geens | Björn | OLV-Waver | M24 | SEN | | 18:04 | 14,61 | 04:06 |
| 27 | 368 | De Cocq | Roger | Heist o/d Berg | M25 | MAS+65 | DCPP | 18:05 | 14,59 | 04:06 |
| 28 | 473 | Vermaelen | Wendy | Kortrijk-Dutsel | V3 | MAS+35 | Demarsin | 18:15 | 14,46 | 04:08 |
| 29 | 462 | Heylen | Ben | Rillaar | M26 | MAS+35 | Demarsin | 18:16 | 14,45 | 04:09 |
| 30 | 355 | Bosmans | Senne | Itegem | M27 | SCH | DCPP | 18:27 | 14,30 | 04:11 |
| 31 | 206 | Claes | Jesse | Booischot | M28 | SCH | | 18:29 | 14,28 | 04:12 |
| 32 | 498 | Kiesekoms | Yves | Rillaar | M29 | MAS+40 | Osseberggrunners | 18:30 | 14,27 | 04:12 |
| 33 | 417 | Van Dyck | Michel | Heist o/d Berg | M30 | MAS+50 | AVZK | 18:31 | 14,26 | 04:12 |
| 34 | 437 | De Cock | Brent | Hallaar | M31 | SCH | AVZK | 18:35 | 14,20 | 04:13 |
| 35 | 493 | Goris | Wim | Heist o/d Berg | M32 | MAS+45 | | 18:42 | 14,12 | 04:15 |
| 36 | 396 | Galdusinski | Robert | Heist o/d Berg | M33 | MAS+40 | | 18:43 | 14,10 | 04:15 |
| 37 | 413 | De Coninck | Ilse | Schriek | V4 | MAS+45 | ROBA | 18:44 | 14,09 | 04:15 |
| 38 | 483 | Derdin | Jos | Houtvenne | M34 | MAS+45 | AVZK | 18:45 | 14,08 | 04:15 |
| 39 | 439 | Hendrickx | Jannes | Booischot | M35 | CAD | | 18:53 | 13,97 | 04:17 |
| 40 | 202 | Caluwaert | Guy | Heist o/d Berg | M36 | MAS+40 | Gorris Vastgoed | 18:58 | 13,91 | 04:18 |
| 41 | 392 | Van Aelst | Linde | Heist o/d Berg | V5 | SCH | DCPP | 18:59 | 13,90 | 04:19 |
| 42 | 449 | Croonen | Eddy | Ramsel | M37 | MAS+50 | Kapsalon Luc | 19:03 | 13,85 | 04:19 |
| 43 | 378 | Wyns | Jos | Hallaar | M38 | MAS+60 | DCPP | 19:10 | 13,77 | 04:21 |
| 44 | 497 | Abrams | Guy | Den Haag | M39 | MAS+55 | Bergduvels | 19:16 | 13,70 | 04:22 |
| 45 | 354 | Henderickx | Sander | Booischot | M40 | MIN | AVZK | 19:23 | 13,62 | 04:24 |
| 46 | 492 | Raeymaekers | Chantal | Holsbeek | V6 | MAS+50 | Kapsalon Luc | 19:27 | 13,57 | 04:25 |
| 47 | 448 | Vanden Bosch | Rudy | Holsbeek | M41 | MAS+50 | Demarsin | 19:28 | 13,56 | 04:25 |
| 48 | 456 | Nijs | Peter | Beerzel | M42 | SEN | | 19:34 | 13,49 | 04:26 |
| 49 | 475 | Van den Bergh | Paul | Duffel | M43 | MAS+60 | Duffel KAC | 19:42 | 13,39 | 04:28 |
| 50 | 450 | Asselberghs | Kurt | Gelrode | M44 | MAS+35 | Kapsalon Luc | 19:46 | 13,35 | 04:29 |
| 51 | 442 | Van Meerbeek | Jan | Rotselaar | M45 | MAS+50 | Kapsalon Luc | 19:50 | 13,31 | 04:30 |
| 52 | 474 | Vermaelen | Willy | Holsbeek | M46 | MAS+60 | Demarsin | 19:54 | 13,26 | 04:31 |
| 53 | 470 | Pauwels | Danny | Heist o/d Berg | M47 | MAS+45 | Fun2Run | 19:57 | 13,23 | 04:32 |

| Rang | Borstrn | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|---------|---------------------|-----------|----------------|-----|-----------|-----------------|-------|-------|--------|
| 54 | 496 | Vleminx | Jan | Ramsel | M48 | MAS+55 | Demarsin | 20:01 | 13,19 | 04:33 |
| 55 | 409 | Avonds | Tom | Westerlo | M49 | MAS+35 | | 20:04 | 13,15 | 04:33 |
| 56 | 446 | Uytterhoeven | Peter | Tremelo | M50 | MAS+45 | | 20:25 | 12,92 | 04:38 |
| 57 | 407 | Bruynseels | Yoran | Booischot | M51 | PUP | AVZK | 20:37 | 12,80 | 04:41 |
| 58 | 476 | Van den Heuvel | Sam | Ramsel | M52 | CAD | Demerdijklopers | 20:41 | 12,75 | 04:42 |
| 59 | 477 | Van den Heuvel | Guy | Ramsel | M53 | MAS+45 | Demerdijklopers | 20:43 | 12,74 | 04:42 |
| 60 | 404 | Goovaerts | Caroline | Heist o/d Berg | V7 | MAS+35 | Berglopers | 20:46 | 12,71 | 04:43 |
| 61 | 452 | Bruelemans | Davy | Rotselaar | M54 | MAS+40 | Kapsalon Luc | 20:48 | 12,68 | 04:43 |
| 62 | 486 | Heerackers | Jasper | Begijnendijk | M55 | CAD | | 20:50 | 12,67 | 04:44 |
| 63 | 381 | Cumps | Els | Hallaar | V8 | MAS+50 | DCPP | 20:52 | 12,64 | 04:44 |
| 64 | 390 | Van Opstal | Karel | Ramsel | M56 | MAS+70 | DCPP | 20:55 | 12,61 | 04:45 |
| 65 | 356 | Bosmans | Sien | Itegem | V9 | SCH | DCPP | 20:57 | 12,60 | 04:45 |
| 66 | 405 | Renmans | Jitte | Keerbergen | V10 | MIN | ROBA | 20:58 | 12,59 | 04:45 |
| 67 | 360 | Goovaerts | Jef | Heist o/d Berg | M57 | MAS+65 | DCPP | 21:01 | 12,56 | 04:46 |
| 68 | 480 | Goovaerts | Bart | | M58 | MAS+45 | | 21:03 | 12,54 | 04:47 |
| 69 | 432 | De Schrijver | Jente | Pijpelheide | M59 | MAS+80 | | 21:04 | 12,52 | 04:47 |
| 70 | 402 | Torfs | Mathis | Heist o/d Berg | M60 | BEN | | 21:19 | 12,38 | 04:50 |
| 71 | 403 | Torfs | Kurt | Heist o/d Berg | M61 | MAS+35 | | 21:20 | 12,37 | 04:50 |
| 72 | 447 | Meulders | Hugo | Ramsel | M62 | MAS+55 | Demarsin | 21:30 | 12,27 | 04:53 |
| 73 | 425 | Verhoeven | Wim | Booischot | M63 | MAS+80 | | 21:36 | 12,22 | 04:54 |
| 74 | 419 | De Heel | Michiel | Hallaar | M64 | MAS+80 | AVZK | 21:47 | 12,11 | 04:57 |
| 75 | 406 | De Winter-Pieters | Heidi | Keerbergen | V11 | MAS+40 | ROBA | 21:50 | 12,09 | 04:57 |
| 76 | 361 | Schepers | Geert | Booischot | M65 | MAS+40 | DCPP | 21:53 | 12,06 | 04:58 |
| 77 | 365 | Goovaerts | Stella | Ramsel | V12 | MAS+35 | DCPP | 21:54 | 12,05 | 04:58 |
| 78 | 436 | De Cock | Laura | Hallaar | V13 | JUN | AVZK | 21:57 | 12,02 | 04:59 |
| 79 | 433 | Van Der Motte | Annelies | Houwaart | V14 | SEN | Demerdijklopers | 22:01 | 11,99 | 05:00 |
| 80 | 459 | Van Den Dries | Katrien | Berlaar | V15 | MAS+35 | | 22:24 | 11,78 | 05:05 |
| 81 | 364 | Straetmans | Gilbert | Booischot | M66 | MAS+60 | DCPP | 22:31 | 11,72 | 05:07 |
| 82 | 488 | Van Espen | Lut | Schriek | V16 | MAS+45 | | 22:40 | 11,64 | 05:09 |
| 83 | 495 | Bruyndonckx | Karian | Booischot | V17 | MAS+80 | AVZK | 22:42 | 11,62 | 05:09 |
| 84 | 366 | Op de Beeck | Stijn | Ramsel | M67 | MAS+35 | DCPP | 22:52 | 11,54 | 05:11 |
| 85 | 478 | Cleyhens | Mano | | M68 | MAS+80 | | 23:04 | 11,44 | 05:14 |
| 86 | 479 | Witvrouwen | Jan | Beerzel | M69 | MAS+80 | | 23:05 | 11,43 | 05:14 |
| 87 | 207 | Van de Poele | Robin | Aarschot | M70 | MAS+80 | | 23:06 | 11,43 | 05:15 |
| 88 | 489 | Van Eyken | Sophie | Hallaar | V18 | SEN | | 23:07 | 11,42 | 05:15 |
| 89 | 431 | De Proost | Fien | Pijpelheide | V19 | CAD | AVZK | 23:18 | 11,33 | 05:17 |
| 90 | 373 | Ringoot | Danny | Hallaar | M71 | MAS+55 | DCPP | 23:21 | 11,30 | 05:18 |
| 91 | 369 | Verschoren | Sarah | Ramsel | V20 | SEN | DCPP | 23:22 | 11,29 | 05:18 |
| 92 | 438 | Schorrewegen | Elisabeth | Hallaar | V21 | MAS+60 | Berglopers | 23:31 | 11,22 | 05:20 |
| 93 | 379 | Hendrickx | Arlette | Hallaar | V22 | MAS+60 | DCPP | 23:32 | 11,22 | 05:20 |
| 94 | 415 | De Vries | Debby | Hulshout | V23 | SEN | | 23:33 | 11,21 | 05:21 |
| 95 | 464 | Goossens | Kris | Booischot | M72 | MAS+45 | | 23:38 | 11,17 | 05:22 |
| 96 | 481 | Renap | Laura | Booischot | V24 | MAS+80 | | 23:42 | 11,13 | 05:23 |
| 97 | 375 | Van den Putte | Eric | Heist o/d Berg | M73 | MAS+60 | DCPP | 23:53 | 11,05 | 05:25 |
| 98 | 429 | Schouters | Robert | Bekkevoort | M74 | MAS+65 | Demarsin | 23:59 | 11,00 | 05:27 |
| 99 | 435 | Reniers | Guido | Tielt-Winge | M75 | MAS+55 | Demarsin | 24:00 | 10,99 | 05:27 |
| 100 | 387 | Van der Auwermeulen | Nicole | Putte | V25 | MAS+55 | DCPP | 24:03 | 10,98 | 05:28 |
| 101 | 386 | Aerts | Willy | Heist o/d Berg | M76 | MAS+65 | DCPP | 24:05 | 10,96 | 05:28 |
| 102 | 484 | Heerackers | Britt | Begijnendijk | V26 | MIN | AVZK | 24:20 | 10,85 | 05:31 |
| 103 | 398 | Van den Bergh | Alex | Heist o/d Berg | M77 | MAS+55 | Berglopers | 24:25 | 10,81 | 05:33 |
| 104 | 367 | Salaerts | Jules | Itegem | M78 | MAS+70 | DCPP | 24:28 | 10,79 | 05:33 |
| 105 | 426 | Cools | Wolf | Lier | M79 | BEN | AC Lyra | 24:51 | 10,62 | 05:38 |
| 106 | 487 | Jacobs | Wendy | Itegem | V27 | SEN | | 24:54 | 10,60 | 05:39 |

| Rang | Borstnr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|---------|---------------|------------|----------------|-----|-----------|-----------------|----------|-------|--------|
| 107 | 441 | Lemmens | Hilde | Booischoot | V28 | MAS+40 | | 24:58 | 10,57 | 05:40 |
| 108 | 416 | Paessens | Britt | Booischoot | V29 | PUP | | 24:59 | 10,56 | 05:40 |
| 109 | 384 | Paessens | Daniël | Booischoot | M80 | MAS+50 | DCPP | 25:00 | 10,55 | 05:41 |
| 110 | 351 | Haine | Marie-José | Heusden-Zolder | V30 | MAS+45 | Demarsin | 25:13 | 10,47 | 05:43 |
| 111 | 203 | Caluwaert | Roger | Heist o/d Berg | M81 | MAS+70 | Gorris Vastgoed | 25:16 | 10,44 | 05:44 |
| 112 | 455 | Peeters | Patrick | Booischoot | M82 | MAS+45 | | 25:18 | 10,43 | 05:45 |
| 113 | 453 | Reniers | Marc | Aarschoot | M83 | MAS+50 | Kapsalon Luc | 25:26 | 10,38 | 05:46 |
| 114 | 430 | Lebrun | Marianne | Bekkevoort | V31 | MAS+55 | Demarsin | 25:32 | 10,34 | 05:48 |
| 115 | 204 | Caluwaert | Peggy | Heist o/d Berg | V32 | MAS+35 | Gorris Vastgoed | 25:43 | 10,26 | 05:50 |
| 116 | 205 | De Wachter | Bert | Heist o/d Berg | M84 | MAS+50 | | 25:45 | 10,25 | 05:51 |
| 117 | 358 | Van Calster | Martine | Itegem | V33 | MAS+50 | DCPP | 25:46 | 10,24 | 05:51 |
| 118 | 469 | Van Craen | Inge | Heist o/d Berg | V34 | SEN | | 25:48 | 10,23 | 05:51 |
| 119 | 362 | Schepers | Laura | Booischoot | V35 | CAD | DCPP | 25:48 | 10,23 | 05:52 |
| 120 | 422 | Smet | Marc | Keerbergen | M85 | MAS+65 | ROBA | 25:51 | 10,21 | 05:52 |
| 121 | 463 | Frederickx | Iliana | Heist o/d Berg | V36 | JUN | Fun2Run | 25:58 | 10,16 | 05:54 |
| 122 | 445 | Op de Beeck | Suzy | Tremelo | V37 | MAS+45 | | 25:59 | 10,16 | 05:54 |
| 123 | 457 | Huybrechts | Ilse | Heist o/d Berg | V38 | MAS+40 | | 26:09 | 10,09 | 05:56 |
| 124 | 359 | Bellekens | Ivonne | Heist o/d Berg | V39 | MAS+70 | DCPP | 26:11 | 10,08 | 05:57 |
| 125 | 393 | De Cock | Emma | Pijpelheide | V40 | SEN | DCPP | 26:27 | 9,98 | 06:00 |
| 126 | 490 | Peeters | Cindy | Schriek | V41 | MAS+40 | AVZK | 26:46 | 9,86 | 06:05 |
| 127 | 420 | Schellens | Annemie | Hallaar | V42 | MAS+35 | AVZK | 26:47 | 9,85 | 06:05 |
| 128 | 485 | Mondelaers | Katrien | Begijnendijk | V43 | MAS+40 | AVZK | 26:49 | 9,84 | 06:05 |
| 129 | 414 | Busschodts | Rene | Beerzel | M86 | MAS+60 | AVZK | 26:54 | 9,81 | 06:06 |
| 130 | 491 | Verbist | Eric | Heist o/d Berg | M87 | MAS+55 | | 26:57 | 9,79 | 06:07 |
| 131 | 389 | Van Orshaegen | Nicole | Olen | V44 | MAS+55 | DCPP | 26:59 | 9,78 | 06:08 |
| 132 | 427 | Cools | Amber | Lier | V45 | MIN | AC Lyra | 27:04 | 9,75 | 06:09 |
| 133 | 395 | Deckers | Lindsey | | V46 | SEN | | 27:07 | 9,73 | 06:09 |
| 134 | 408 | Naulaerts | Heidi | Booischoot | V47 | SEN | | 27:22 | 9,64 | 06:13 |
| 135 | 388 | Heylen | Jos | Westerlo | M88 | MAS+70 | DCPP | 27:24 | 9,63 | 06:13 |
| 136 | 376 | Rymenants | Eddy | Beerzel | M89 | MAS+60 | DCPP | 27:27 | 9,62 | 06:14 |
| 137 | 444 | De Cock | Luc | Booischoot | M90 | MAS+50 | DCPP | 27:28 | 9,61 | 06:14 |
| 138 | 418 | Demaeght | Jan | Langdorp | M91 | MAS+60 | | 27:34 | 9,57 | 06:16 |
| 139 | 380 | Gielis | Ellen | Westerlo | V48 | MAS+35 | DCPP | 27:47 | 9,50 | 06:19 |
| 140 | 914 | Jans | Lisette | Westerlo | V49 | MAS+65 | DCPP | 28:20 | 9,32 | 06:26 |
| 141 | 494 | Goethuys | Roger | Rillaar | M92 | MAS+65 | Demarsin | 28:44 | 9,18 | 06:32 |
| 142 | 400 | Kwanten | Lies | OLV-Waver | V50 | SEN | | 29:05 | 9,07 | 06:36 |
| 143 | 466 | Goossens | Bente | Booischoot | V51 | CAD | | 29:19 | 9,00 | 06:39 |
| 144 | 385 | Staquet | Anja | Booischoot | V52 | MAS+45 | DCPP | 29:57 | 8,81 | 06:48 |
| 145 | 428 | Schouters | Denis | Bekkevoort | M93 | MAS+75 | Demarsin | 31:41 | 8,33 | 07:12 |
| 146 | 440 | Hendrickx | Liene | Booischoot | V53 | MIN | | 31:42 | 8,32 | 07:12 |
| 147 | 465 | Goossens | Rune | Booischoot | V54 | MIN | | 31:45 | 8,31 | 07:13 |
| 148 | 370 | Cootmans | Josephine | Hallaar | V55 | MAS+55 | DCPP | 31:54 | 8,27 | 07:15 |
| 149 | 371 | Verschoren | Marleen | Hulshout | V56 | SEN | DCPP | 31:55 | 8,27 | 07:15 |
| 150 | 363 | Smits | Nelly | Heist o/d Berg | V57 | MAS+35 | DCPP | 38:26 | 6,87 | 08:44 |
| 151 | 377 | Huybrechts | Freddy | Heist o/d Berg | M94 | MAS+70 | DCPP | 01:59:59 | 2,20 | 27:16 |
| 152 | 372 | Bellemans | Patricia | Hallaar | V58 | MAS+50 | DCPP | 01:59:59 | 2,20 | 27:16 |
| 153 | 401 | Ceulemans | Germaine | Hallaar | V59 | MAS+70 | Berglopers | 01:59:59 | 2,20 | 27:16 |